

Insight Family Health Center

MALE HEALTH HISTORY

Today's Date: _____

Name: _____ Age: _____ Birth Date: _____

Living Situation: Spouse _____ Alone _____ Partner _____ Friend(s) _____ Parents _____ Children _____ Other _____

What is the reason for your visit today? If it is a problem, please describe the symptoms & be specific: _____

Please list any allergies you have to food or medications: _____

Please list any medical problems that you are currently being treated for or have been treated for in the past: _____

Please list any surgeries that you have had including the date: _____

Please list any medications and supplements *with dosages*, prescription or over-the-counter, that you take: _____

Do your parents, grandparents, brothers, or sisters have any of the following? (check all that apply)

___ Diabetes ___ Heart Attack ___ Cancer If so, what type? _____ ___ Stroke
___ High Cholesterol ___ High Blood Pressure ___ Blood clots ___ Heart disease/heart surgery

Date of last prostate exam? _____ PSA level drawn? ___ YES ___ NO Result: _____

Date of last sigmoidoscopy/colonoscopy: _____ Result: _____

Are you sexually active? ___ YES ___ NO With males, females, or both? _____

Have you ever had a testosterone blood level done? ___ YES ___ NO When? _____ Result: _____

Have you ever had an EKG, Stress Test, or Echocardiogram? ___ YES ___ NO When? _____ Result: _____

Do you get routine physical exercise? ___ YES ___ NO If yes, what type & how long? _____

Do you smoke cigarettes? ___ YES ___ NO If yes, # per day: _____ Number of years: _____
Previous smoker? ___ YES ___ NO Stop date: _____ # per day: _____ # of years: _____

Do you drink alcohol? ___ YES ___ NO If yes, how much per day? _____ What type? _____

Do you drink caffeine products? ___ YES ___ NO If yes, how much per day? _____ What type? _____